

# **SAFETY PLANNING FOR PROTESTS**

**In the context of protests,  
safety planning is about thinking  
through potential risks, making  
a communication plan, and  
connecting with peers.**

**Creating a plan ahead  
of time and thinking about  
ways to protect yourself  
is one way to  
stay safe.**





# EVALUATING RISK

**Before you commit to attending a protest, do an assessment on your personal risk. Ask questions like:**

**How might my perceived identities impact the ways that police and community members interact with me?**

**Are there are other factors that increase risks to my safety including immigration status, outstanding warrants, or mental or physical health needs?**

**How is my body feeling today? Am I able to get away quickly if a situation escalates?**





# WHAT TO BRING + WEAR



**Nondescript clothing can help reduce the likelihood of being surveilled and identified by law enforcement**

**If possible, cover your hair and identifying marks like scars and tattoos**

**Wear a mask to help keep you safe from the spread of COVID-19, chemical agents, and to conceal your identity**

**Bring a portable phone charger and cable.**

**Avoid wearing bulky backpacks or tote bags, and don't bring any prohibited substances, in case of arrest**

**Wear clothing and footwear you can move quickly in**



# DIGITAL SAFETY PROTOCOL

If you do bring your phone, turn your location on with trusted contacts.

Location data can also make you highly traceable. You might instead consider turning your phone off, putting it on airplane mode, or leaving it at home.

Documenting police violence can be helpful, but instead of posting immediately be mindful of sharing images that have protestors face easily identifiable.

Use a face blurring app to conceal individual identities; practice using these apps in advance.



Disable face recognition and thumbprint sign-in to unlock your smartphone.



# PLANNING FOR ARREST

For NYC, write the phone number for the Good Call hotline on your body in sharpie: 1-833-346-6322. Good Call will provide free legal support 24/7.

Carry at least four quarters – jails still have pay phones and calls are not free.

You might also add other phone numbers of your personal contacts. You may not be able to access your phone or it might run out of battery.

Plan with your contacts in advance about whether or not you want people to tag you on social media with references to your arrest.

1-833-3-GOODCALL

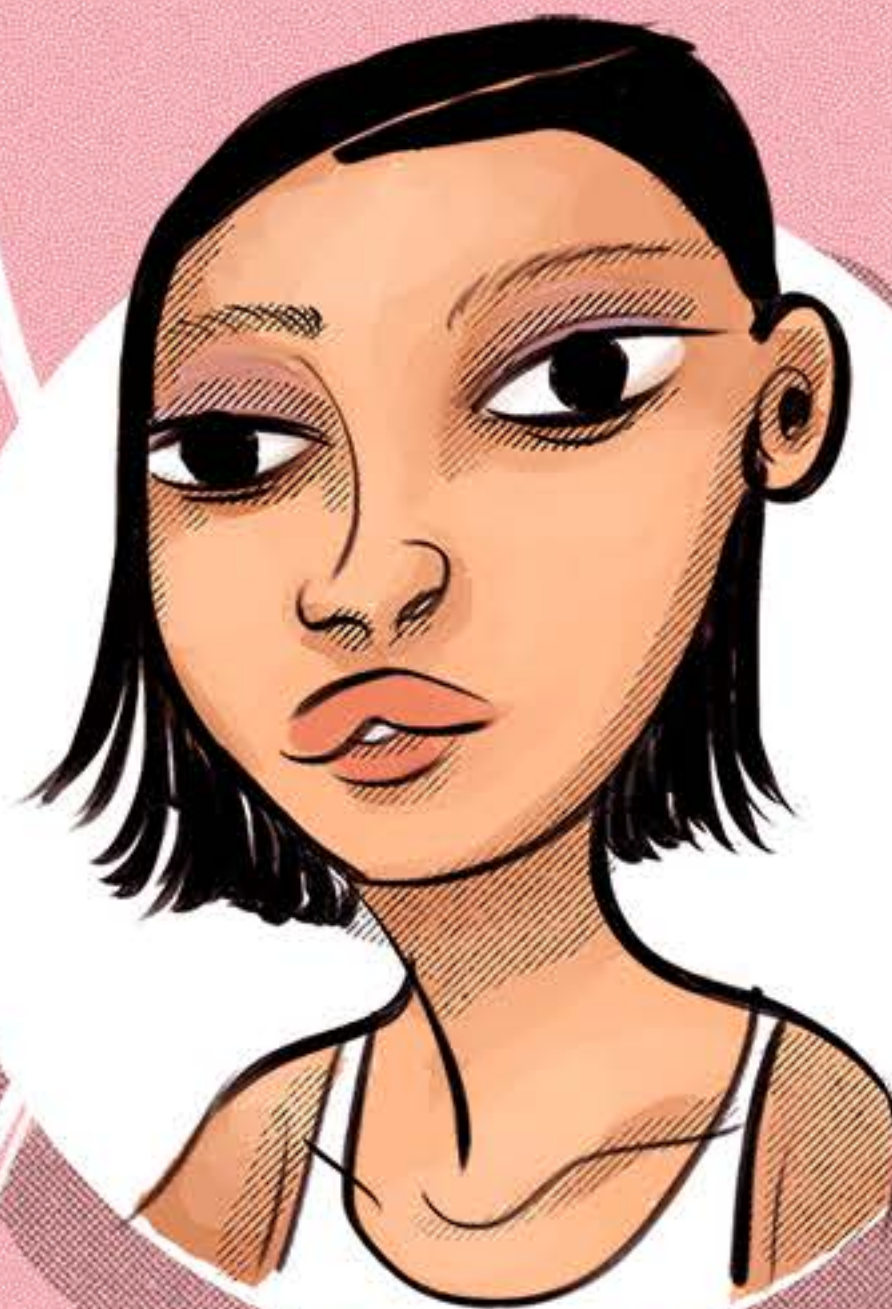


# COMMUNICATION SAFETY PLANNING

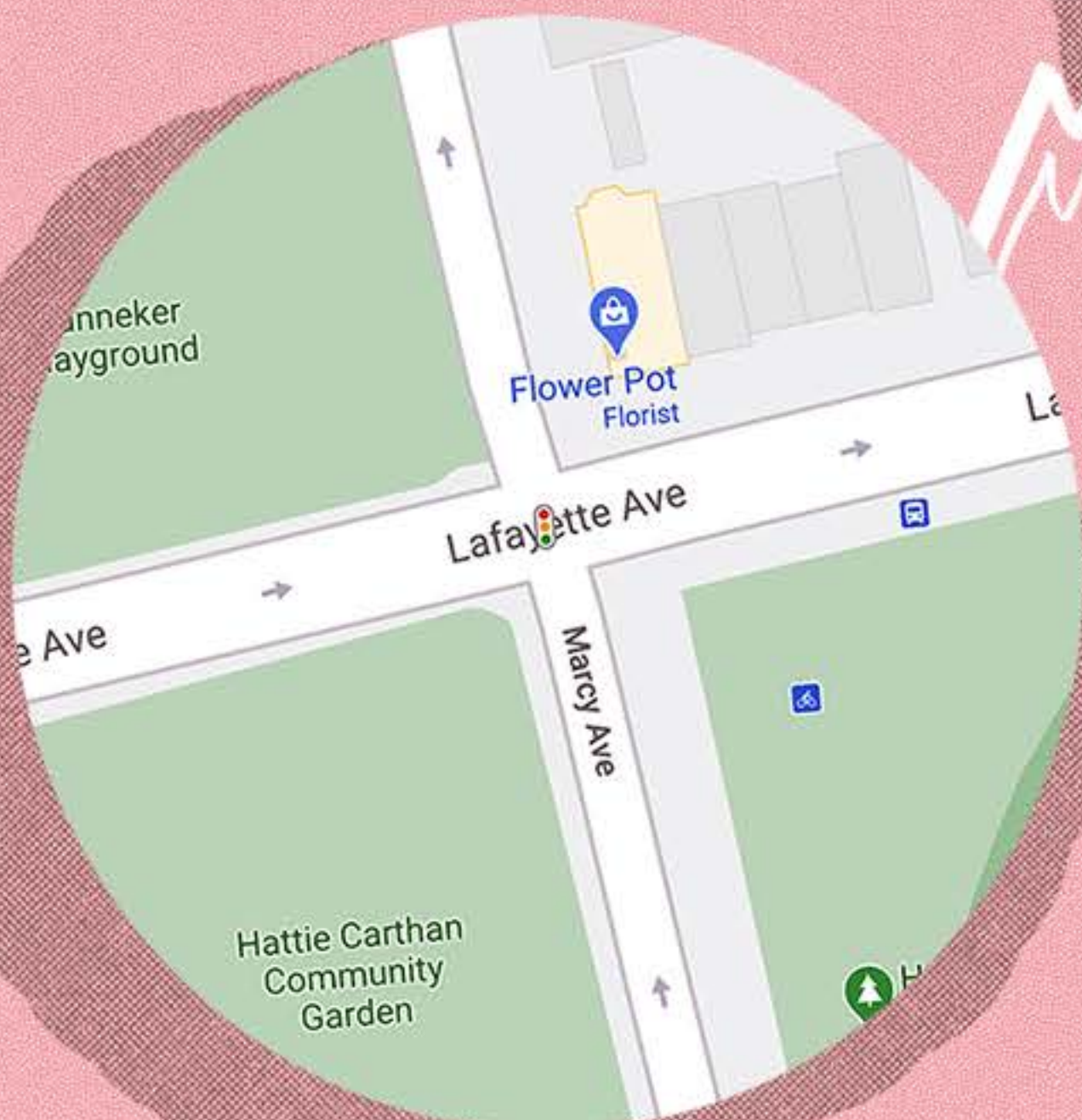


Use an encrypted texting app like Signal to communicate when planning for an action and communicating during the protest.

Talk to someone who won't be at the protest about your plan. Establish a check in time and let your person know when you're home.



Make a plan for a meet up spot with people you are attending the protest with, in case you get separated or are unable to use your phone to connect.





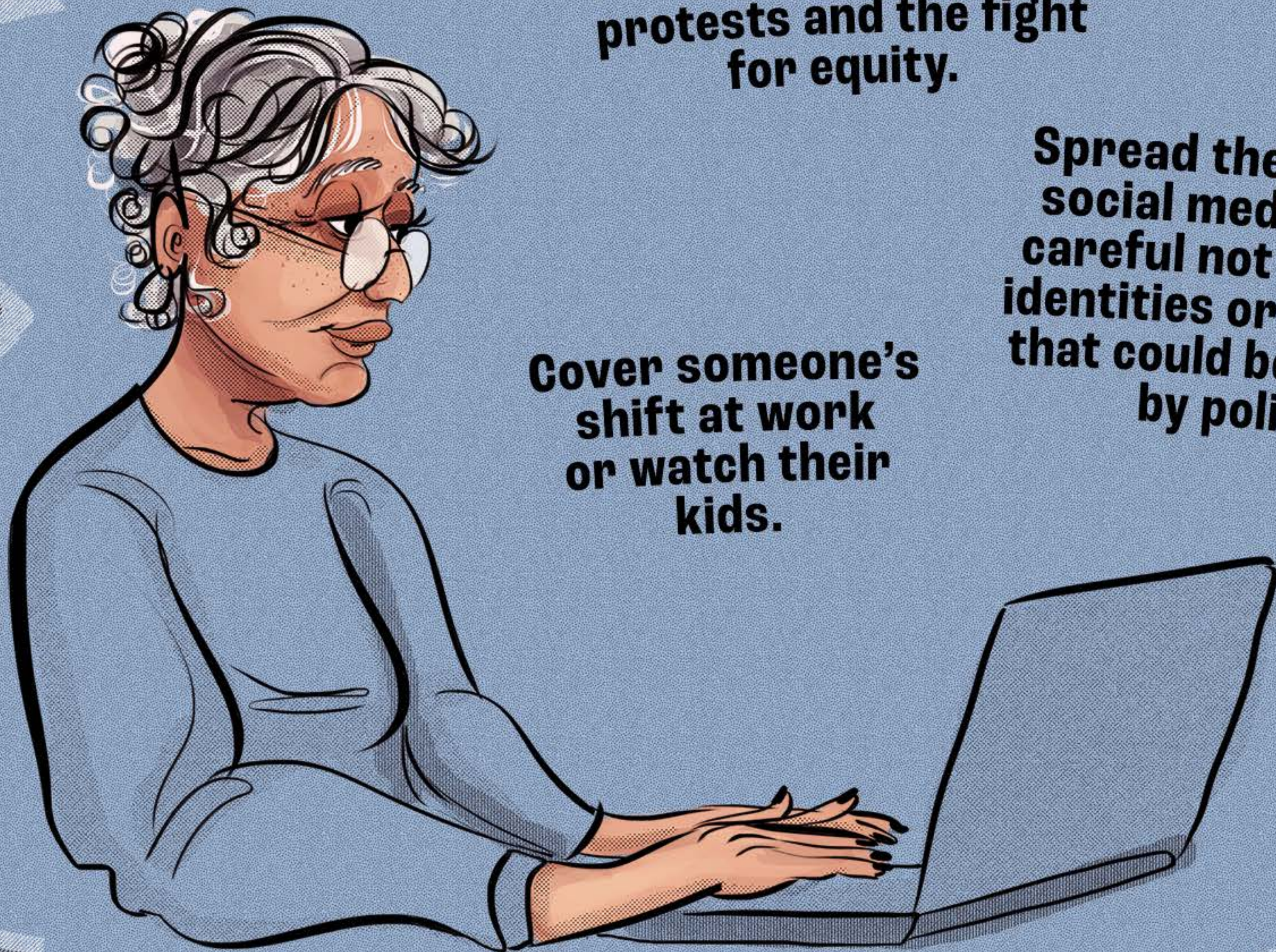
# **OTHER WAYS TO SUPPORT ACTIONS**

**Be a check in  
person for someone  
who is going to  
protests.**

**Contribute  
financially to  
resources supporting  
protests and the fight  
for equity.**

**Spread the word on  
social media, being  
careful not to reveal  
identities or locations  
that could be tracked  
by police.**

**Cover someone's  
shift at work  
or watch their  
kids.**



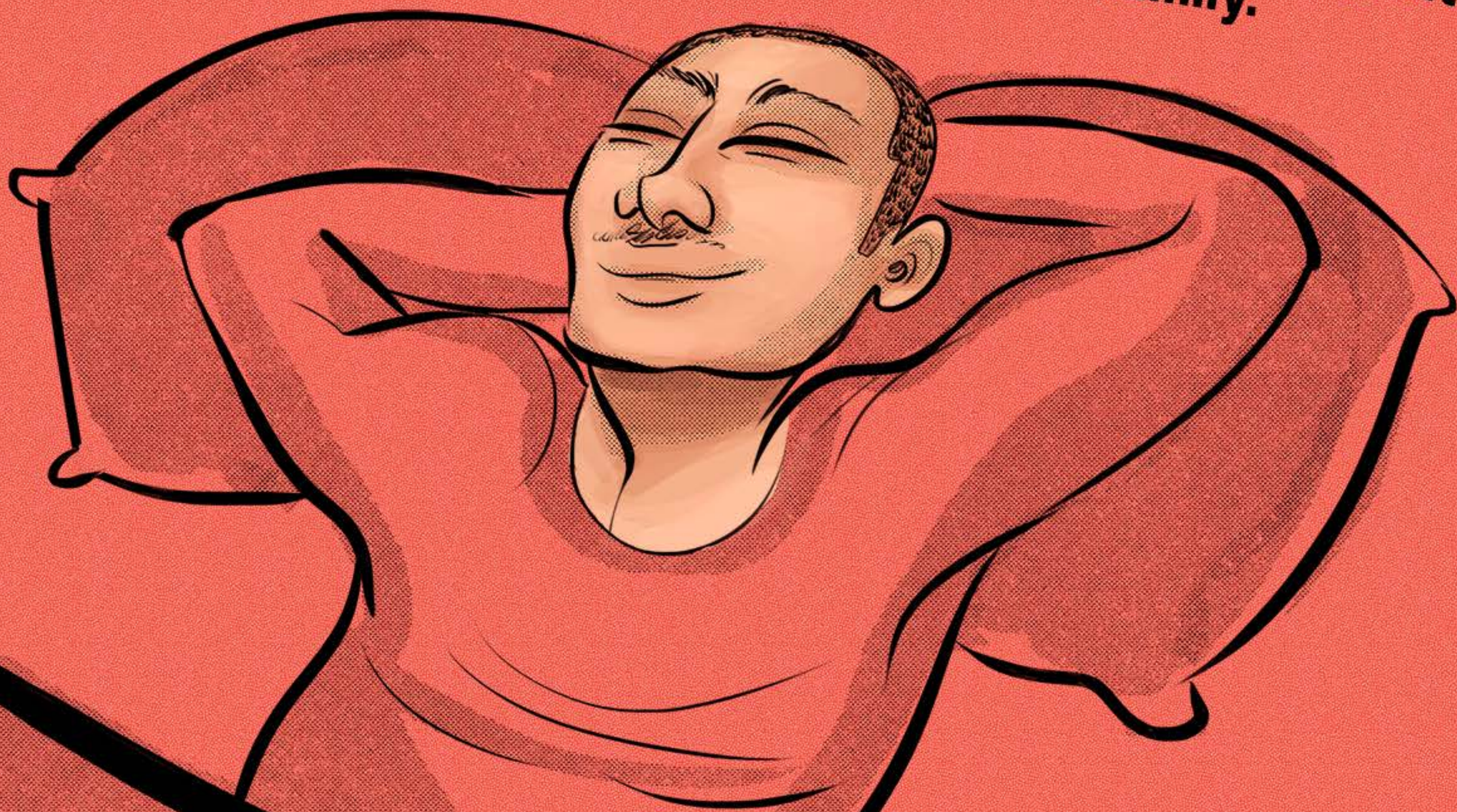


# AFTERCARE

**Make sure you take time and space to rest, eat, and recharge afterwards.**

**Drink lots of water.**

**Be mindful of what you'll need to meet your responsibilities after an action, including getting to work or engaging with family.**





# **IMPORTANT NUMBERS & RESOURCES**

**New York City  
Anti-Violence Project  
212-714-1141**

**Good Call  
1-833-3-GOODCALL  
(1-833-346-6322)**

**[www.avp.org](http://www.avp.org)**