ARE YOU BEING ABUSED? DOES THE PERSON YOU LOVE… (Check all that apply)

☐ Discourage your relationships with family and friends?
☐ “Track” all your time?
☐ Constantly accuse you of being unfaithful?
☐ Prevent you from working or attending group meetings or school?
☐ Frequently criticize you?
☐ Refuse to engage in safe sex?
☐ Anger easily when drinking alcohol or consuming drugs?
☐ Destroy personal property or sentimental items?
☐ Hit, punch, slap, kick, or bite you?
☐ Use, or threaten to use, a weapon against you?
☐ Threaten to hurt your pets?
☐ Forces you to engage in sex against your will?
☐ Throw things when angry?
☐ Threaten to out you?
☐ Intentionally use the wrong gender pronouns?
☐ Deny you access to medical treatment or hormones?
☐ Threaten to harm themselves?
☐ Control all the finances and require you to account in detail for what you spend?
☐ Humiliate you in front of others?
☐ Drive recklessly to frighten you?
☐ Monitor your communication with others?
☐ Call you names and belittled you?

If you answer “yes” to more than one of these questions, it’s time to get HELP!

One out of every 3 people in this country will suffer some form of violence at the hands of his/her partner. Very few will tell anyone – not a friend, a relative, a neighbor, or the police.

Victims of domestic violence come from all walks of life – all cultures, all sexual orientations, all gender identities, all income groups, all ages, all religions.

Resources:

L.A. Gay & Lesbian Center’s Domestic Violence Legal Advocacy Project
(323) 993-7649

L.A. Gay & Lesbian Center’s STOP Partner Abuse Mental Health Program
(323) 860-5806

www.lagaycenter.org/domesticviolence

24-Hour National Domestic Violence Hotline
1-800-799-7233 (SAFE)

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